

## Kimberley Safe & Sound Workshop Well Received



**I Noticed.....I was wondering.....How Can I Help**  
Forest industry representatives recently attended a workshop to understand workplace mental health.

SAFER in partnership with the Canadian Mental Health Association (CMHA) conducted a highly successful workshop on workplace mental health that was held in Kimberley BC on July 14th. The workshop was facilitated by former USW Local 480 safety chair Gord Menelaws.

According to Gord mental illness is the fastest growing cause of disability in Canada. He said that early detection and treatment were critical for a successful recovery, but he pointed out it is never too late to seek help. Gord said that 2/3 of people with mental illness never seek help.

Management and union members from Canadian Forest Products, Brisco Wood Preservers, Louisiana Pacific, Galloway Lumber and the USW Local 1-405 office attended workshop.

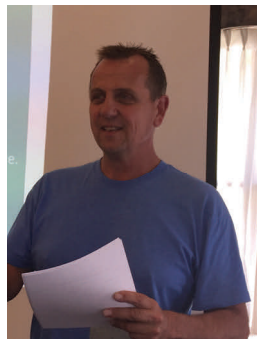
The workshop provided insights into the elements of a psychologically healthy and safe workplace.

The participants learned how to approach and assist fellow workers who appear to be struggling.

Menelaws made it clear that the intent of the workshop was to offer tips on how to help co-workers and to leave the diagnosis up to the professionals.

The group participated in several role plays on how to approach fellow workers.

The SAFER Council is planning on offering a number of these very important workshops across BC in the fall.



Former USW Local 480 safety chair has been working with the CMHA for several years.

## Coming Events

September 12-16 USW HSE Conference, Pittsburgh Pa.

September 18-21 CSSE Conference, Vancouver BC

October 1 Vancouver Island Safety Conference, Nanaimo BC

October 3 SAFER Excellence Conference, Burnaby BC

October 4 Forest Industry Wellness Conference, Burnaby BC

## Ryan Walter Headlines Upcoming SAFER Conference

The SAFER Council believes trained and committed Joint Health and Safety Committee leadership is necessary to ensure committee's function effectively.

The SAFER Council therefore is pleased to offer an opportunity for Joint Health Safety Committee Chairpersons, or other union and management health and safety leaders to attend the SAFER Health & Safety Excellence Conference.

The conference content has been designed to focus on the knowledge and skill sets that health and safety leaders require in order to maximize their committee's efforts in making their workplace safe.

This one day conference will cover the following:

- Leadership/Team Development – Ryan Walter
- Introduction to Positive Leadership – Paul Krismer
- Red Shirt Foundation Workplace Violence Research
- Current Health and Safety Initiatives

The SAFER Council recommends and encourages member companies to send both the management and union chairpersons to this worthwhile conference

Former professional hockey player Ryan Walter obtained a Master's Degree in Leadership/Business in his mid-forties because he continues to be passionate about better understanding how leaders and leadership works.

Ryan's inside insights from NHL locker rooms are unique. We can't wait to show your leaders how NHL captains and coaches implement strategies on relevant challenges like engaging your team, increasing communication, establishing conflict resolution that builds instead of destroying relationships... and so much more! [For More Information.](#)



Ryan was named the youngest NHL captain in his second season. [More](#)



**SAFER Joint Health & Safety Leadership Conference**

Monday, October 3, 2016  
Hilton Hotel Metrotown  
8:30am - 4:30pm

**Register Now!**

## HAZARD ALERT

**Injury:** Close call

**Industry:** Manufacturing - Wood & Paper Products  
**Core Activity:** Laminated wood structural support product  
**Location:** Lower Mainland  
**Date of Incident:** 2016-May

A fire broke out in the silo component of a wood dust collection system. Fire suppression systems and emergency procedures were activated, the fire department attended, and no injuries were reported.

**Injury:** Serious upper-body injury

**Industry:** Forestry, Trucking  
**Core Activity:** Log hauling  
**Location:** Vancouver Island/Coastal B.C.  
**Date of Incident:** 2016-May

A loaded highway logging truck went out of control on a steep section of road and travelled into a ditch on the high side of the road.

**Injury:** Close call

**Industry:** Manufacturing - Wood & Paper Products  
**Core Activity:** Pressed board manufacture  
**Location:** Northern B.C.  
**Date of Incident:** 2016-May

An explosion occurred in the pneumatic conveyance system of a medium-density fibreboard (MDF) plant. The explosion set off four explosion relief panels and started a fire in the material shakers and storage bins. The local fire department responded. No injuries occurred.

**Injury:** Facial laceration

**Industry:** Forestry  
**Core Activity:** Manual tree falling and bucking  
**Location:** Lower Mainland  
**Date of Incident:** 2016-May

As a hand faller was completing an undercut on a hemlock (43 inches in diameter), the chainsaw kicked back and struck the faller.

**Injury:** Amputation of part of finger

**Industry:** Manufacturing - Wood & Paper Products  
**Core Activity:** Veneer or plywood manufacture  
**Location:** Lower Mainland  
**Date of Incident:** 2016-May

As a worker tried to clear wood debris from a transfer table at the outfeed of a veneer dryer, one of his fingers became caught in the pinch point between a drive chain and a drive sprocket.

**Injury:** Fractures and internal injuries

**Industry:** Forestry  
**Core Activity:** Manual tree falling and bucking  
**Location:** Vancouver Island/Coastal B.C.  
**Date of Incident:** 2016-May

A certified faller was falling a green tree (14-inch hemlock) on a steep hillside. The top of another green tree (14-inch cedar) that uprooted 70 feet uphill hit the faller. The faller was transported to hospital by helicopter.

## 2016 Forest Industry Health and Wellness Conference

SHARP and SAFER representatives along with representatives from the USW, BC forest industry companies and health plans are finalizing the agenda for the second annual Forest Industry Health and Wellness Conference.

The Forest Industry in BC invests considerable resources to ensure that physical plant assets and equipment continue to operate with optimal efficiency and minimal downtime. Historically, the industry has not allocated a similar level of investment in programs to ensure that their "human" component also operate with the same optimal efficiency and minimal downtime. The time to change our collective industry perspective is now. The time has come to take action through education.

A workplace wellness program is a definitive undertaking designed to provide education related to lifestyle behaviors. An effective program can translate to positive health, and ultimately create incentive and motivation for employees to engage in positive lifestyle behaviors.

In addition to the obvious health benefits to individuals, a wellness program has the ability to lower health and welfare benefit costs, lower absenteeism, and increase productivity.

The content and theme of the conference is designed to increase awareness of how a wellness program can be a cost effective investment for a firm that translates to tangible returns, both human and financial.

The presenters and speakers are:

- Dr. Art Hister; Simple Steps for a Longer, Healthier, Happier Life
- Dr. Ray Baker; Addiction at Work: Integrating Best Practices into Workplace Wellness
- Jennifer Ettinger; Healthy Lifestyle - Healthy You
- Jason McInnis; Total Worker Health in Construction
- Dr. Joti Samra; The Psychologically Healthy & Safe Workplace: The CSA/BNQ National Standard

To see the program outline and to register please go to [www.fihwc.ca](http://www.fihwc.ca).



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